

HÔTEL PRIVÉ & SPA

# SPA Menu Maison Lavaud

### Wellness

Massages

PARISIAN WELCOME

60MIN 100€ 90MIN 140€ 120MIN 175€

Ideal for alleviating travel fatigue and jet lag, complete, slow and relaxing massage with hot oils.

**SEASONAL MASSAGE** 

60MIN 120€ 90MIN 160€ 120MIN 200€

#### **Autumn Breeze**

Autumnal atmosphere. Mint and eucalyptus oils for a massage that alternates slow gestures and dynamic maneuvers, targeted on energy points, to tone and relax muscular tension.

Ideal for resting and regaining momentum.

### Duo

### Massage

**DUO MASSAGE** 

60MIN 180€ 90MIN 250€ 120MIN 310€

A massage for two with two masseurs. Soft, intimate atmosphere. California type massage. For lovers or for a moment of well-being you want to share.



# Specific

## Massages

 CALIFORNIAN
 60MIN
 120€

 90MIN
 160€

 120MIN
 200€

This massage relieves the deepest tensions through continuous, enveloping fluid movements.

BACK, SKULL AND NECK 60MIN 100€

Back and trapezius massage and relief for the neck, head and face.

LE LÂCHER PRISE 60MIN 100€

Gentle massages dedicated to the extremities and reflex zones - feet/hands/skull/face.

SPORTS RECOVERY MASSAGE 60MIN 120€ 90MIN 160€ 120MIN 200€

Deep massage with hot oils, warm towels, relaxing music. Slow and deep movements, kneading and friction for good sports recovery.

